

# TREATMENT TEAM MEETINGS



You will earn .5 credit hours for  
successful completion of this training

# WHAT ARE TREATMENT TEAM MEETINGS?



Treatment team meetings are very important and vital to a consumer and their family progress. A treatment team meeting is a meeting that is designed to assist professionals in several facets, but most importantly it gives a firm line of communication with everyone involved in the consumer's life and plan for success. A team includes all the people who help you develop and reach goals, solve problems and manage any issues, behaviors or concerns.

# PURPOSE

- Treatment team meetings can be a productive way of getting the group's collective work accomplished.
- Effective meetings are often the best way to share information, develop goals and objectives, make decisions, plan the future and solve problems.
- Treatment team meetings enables everyone to participate in creating a system or plan in the best interest of the client being served.

# WHO SHOULD ATTEND?

- CONSUMER
- PARENT, LEGAL GUARDIAN OR CUSTODIAN
- SOCIAL WORKER
- CASE MANAGER
- FOSTER PARENT
- GAL



# Others?

- Please note other members of the consumer's life such as teachers, therapist, psychiatrist may also attend team meetings as needed to provide insight, progress and other suggestions to the goals and plan; however, the consumer is the most important member of the team.



# ROLES OF ATTENDEES

## CONSUMER:

Although all the other members of the treatment team make important contributions, the consumer is the most important team member.

Here are some ways the consumer can help him/herself:

- Discuss needs, ideas, problems, concerns and goals with the team
- Provide complete and accurate information about personal and treatment history
- Do all to reach the goals and treatment team have agreed upon
- Learn all about any behaviors, issues or concerns and how to manage it and how to avoid regression
- Ask for what is needed, express respect and appreciation of other team members



# ROLES CONTINUED.....

## FAMILY

Family and friends can be important members of the treatment team. They may:

- Provide information about the consumer's personal and treatment history
- Help identify problems and set reasonable goals
- Represent in certain situations
- Learn about behaviors or concerns and how to support in managing them
- Help in emergency situations



# ROLES CONTINUED.....

## **SOCIAL WORKERS, THERAPIST OR CASE MANAGER**

The social worker, therapist or case manager may be trained in various areas of expertise. These professionals can assist the consumer and team by:

- Listening to and helping to explore concerns, hopes, feelings, goals and problems
- Helping choose goals and work to achieve them
- Providing guidance to help manage crises
- Working on certain tests that will provide information about particular problems
- Talking about diagnosis, symptoms, how to recover from episodes and how to avoid regression
- Coordinating overall treatment and get the services needed
- Support in emergency and crisis situations

# PROFESSIONALS

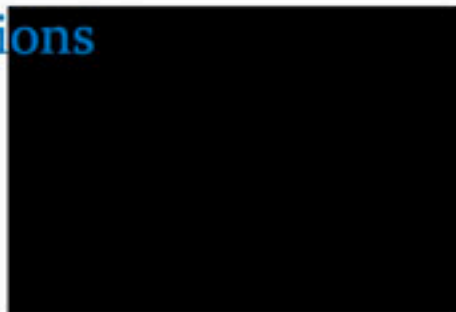
- The foster parents also falls under this category of professionals with very meaningful and helpful insights due to the time spent through parenting, observations and advocacy.



# GOALS.....

Goals the treatment team might agree to work toward are:

- Getting symptoms, issues, crisis, and behaviors under control
- Learning about the various areas of concern and how to manage it
- Improving personal skills as well as behaviors
- School, home or community interactions
- Permanency plans



# FLOW OF MEETINGS.....

- 1. Make the meetings official.
  - A. Mental health CM should set, schedule and facilitate team meetings ensuring all involved are notified as well as ensuring the meeting is timely.
- 2. Make the meeting a celebration
  - A. Celebrate milestones and review the things that have or have not worked for the consumer/family.
  - B. Validate feelings of everyone in a positive manner.
  - C. Praise! Praise! Praise!
- 3. Make the meeting flow
  - A. This is not the time for judgment
  - B. If arguing or hovering occurs the group should be encouraged to move along.







## FLOW OF MEETINGS CONT.....

Team meetings can be very overwhelming at times; however, it is imperative that each member know the purpose of the meeting and their role. And always.....please end treatment team meetings on a positive note!



# QUESTIONS?

-  In your own words, define treatment team meetings?
-  The purpose of a treatment team meeting is to point out what goal the consumer have not accomplished?  
True or False
-  A treatment team meeting is designed to allow everyone involved to collaborate about the client's goals, needs or concerns?  
True or False
-  Name at least 3 who should attend team meetings and their role?

# QUESTIONS CONT?.....



Please provide at least 2 goals of a team meeting.



Provide an example of negative energy during a team meeting?



Team meetings should be held on a monthly basis, no exceptions?

True or False



All team meetings should end on a positive note?

True or False